

While Sao Tome is amongst the safest countries I have visited in Sub-saharan Africa and despite the poverty level, the risk of theft is not larger than in major Western citieis, you should still ...

São Tomé and Príncipe are amongst Africa's best-kept tourism secrets - two bijou volcanic islands off the west coast of the continent, brimming with ecological marvels, stunning biodiversity, captivating history, and warm, welcoming inhabitants. Imagine an island paradise where azure waters lap at the shores of deserted beaches beneath waving palm fronds.

São Tomé ou Sao Tomé, autrefois aussi nommée Saint-Thomas, Saint-Thomé ou Saint-Thomée [1] (formes attestées mais peu usuelles), est l''île principale de Sao Tomé-et-Principe.. La ville de São Tomé, capitale de l''État, est située sur la côte nord de l''île.. D''autres localités importantes de l''île sont Neves et Porto Alegre.

Is it safe to travel to Sao Tome and Principe? Sao Tome and Principe has a current risk level of 2.50 (out of 5). We advise to use some caution when travelling to Sao Tome and Principe. The safety index is derived from travel advisories issued by independent 2 sources. Safety index is provided by: 04/14/2025.

Do I need a power adapter for Sao Tome and Principe? Sao Tome and Principe uses power outlets and plugs of types C & F. Take a look at the pictures below to see what these plugs ...

Typically, type C plug sockets are not allowed to be installed in São Tomé and Príncipe: these outlets are not earthed and are therefore considered dangerous. Only type F power points are permitted because they are ...

Is it Safe to Travel to São Tomé? São Tomé and Príncipe tourism is emerging, it's still a proverbial best-kept secret. With low tourist numbers, it is a safe destination - partly due to its remote location and relaxed island atmosphere. The commitment of the people of São Tomé and Príncipe is to eco-tourism above all else, keeping the ...

The interior of Sao Tome island contains mostly of Obo National Park and a local guide is recommended when exploring this part of the island. There are different hiking options and you can, for example, climb the highest peak, Pico de São Tomé.

Sao Tome and Principe, usually called only Sao Tome, is just a small island nation that"s located on the Atlantic Coast of Central Africa, in the Gulf of Guinea. The island was discovered in the 15 th century by



Portugal, which also claimed it at that time.

Short-Term Power Supply (AKA: Extension Cords) For those in need of power outdoors for a short time, such as to trim your bushes, power a bounce house for your kid"s birthday, or provide lighting for a party, an extension cord will get the job done for a day or two. Be certain to only use extension cords marked for outdoor use, which are ...

Here is a quick guide to help you figure out if you need a travel adapter for Sã0 Tomé and Príncipe: What Power Plugs and Outlets Are Used in Sã0 Tomé and Príncipe? In Sã0 Tomé and Príncipe, there are two main types ...

Humpback whales visit the waters around São Tomé between late July and October, as they leave their summer feeding grounds in low latitudes in search of warmer climes for mating and calving. Independence Day is 12 July, with lots of carnival atmosphere going on. Although January, February and March are hot, it can be quite hazy on the coast, an effect known as ...

As an outdoor socket will need to be supplied by a 30mA RCD protected circuit, you will need to run your supply cable from the supply (normally the consumer unit) to the install location. If your consumer unit is quite far inside your home ...

Bring euros with you The local currency is the dobra, which you"ll mostly use for smaller, more-local transactions - at a market or casual restaurant, for instance. Everywhere else, it is increasingly the norm to pay in euros, so make sure you bring plenty, including in a range of different denominations, as US dollars are becoming far ...

No tourist maps for you. Having been to Sao Tome myself just a few months back and seen most of the island (including three days trekking across Obo national park), I recommend you download the Sao Tome map on Maps.Me and buy the Sao Tome Bradt Guide which has lots of interesting and practical information... well worth the money.

São Tomé and Príncipe occupies the land area of just 1,000 square kilometres and has the population of just under 200,000 people. The residents of the island are of mixed origin, and several languages are actively ...

Sao Tome and Principe law does not prohibit sexual acts between individuals of the same sex. However, homosexuality is not widely accepted in Sao Tomean society. 2SLGBTQI+ persons should carefully consider the risks of travelling to Sao Tome and Principe. Travel and your sexual orientation, gender identity, gender expression and sex characteristics

Do You Need a Power Adapter in São Tomé and Príncipe? Whether you'll need a power



adapter depends on the type of plug your devices use. Here"s a breakdown based on travelers from different countries and continents: In ...

Travelers from USA need a power plug (travel) adapter and voltage converter in Sao Tome and Principe. In Sao Tome and Principe, they use power outlets and plugs of type C and type F. ...

While crime rates are generally low in São Tomé and Príncipe, incidents of burglary and robbery can occur. To minimize risks and protect personal belongings, travelers should avoid wearing expensive jewelry, refrain from carrying large amounts ...

Remember the Travel Tech Checklist: Check device voltage and frequency compatibility. Pack the necessary adapters and converters or transformers. Use surge protectors to guard against voltage spikes. Keep ...

However, you might be able to supply an outdoor power point from a socket in an attached garage, as long as this isn"t already on a spur. How to fit an external socket. If you"re fitting an outdoor socket, you"ll need to make sure it"s ...



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